

SUMMER

The summer training program schedule will be Monday-Thursday from 5-7 pm for the next 6 weeks. Starting Monday, June 27th. Sessions will include, speed, strength, technical, and tactical work along with program culture and program standards.

The program will cost \$150 per player for the summer program. This fee will help cover the hours put in by the staff (including our human performance coach) and used to help with some of the program finances needed this fall. This fee allows me to stay in town and offer our team high-quality training instead of working an additional summer job or traveling to coach college camps. This fee is very low as it covers 6 weeks of available training (over 40 hours) compared to most 4-day camps which can easily be more than \$400 for much less time on the field.

**If you are a student that receives free or reduced lunch please contact me privately and you receive a waiver for this.*

We need everyone to fill it out to be able to participate in summer training.

<https://forms.gle/cjVggUFZp6hCpzFk9>

Reminder: Summer workouts are strongly encouraged to help prepare for the season but are completely voluntary.

We ask for all student-athletes that plan to be a part of the program this coming year to commit to summer training and building our program as we prepare for the season. The more we commit to the process, the more we can achieve. Injury is not an excuse to miss, but contagious sickness or precaution due to contagious sickness is understandable if it is communicated with myself and the staff. Being a part of a high school program is a privilege and not a right. It is one that will take some sacrifice from other events. If you need to miss something, please come to me with your request so we can discuss it.

TRAINING UNIFORM ORDERING/PROGRAM EQUIPMENT

We will also be getting sizes for all the new players' practice uniforms to be ordered next as soon as possible so everyone can hopefully have them by the week of Aug 8th. The practice uniforms include 2 tops, 2 pairs of shorts, and 2 socks. These will take a little while to get in as they are custom ordered with the player's initials. The time is still a little longer than usual with continued supply chain issues like so many items right now. The cost for the practice kit is \$100.

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Please use the link for this order. Our team manager will collect the fees after we make the order.

<https://forms.gle/jecyJ1u4JMB5er3o9>

- I am also pricing out getting team warm-ups made since we don't have any as a program. My thought would be to make this the same as the practice jerseys and have players buy them and keep them but if any businesses or families would like to help sponsor this or anything else to cut costs for the families, please contact me or Katie.

Amazon shopping list for 2022 DHS Boys Soccer:

We are in need of some items for the season especially if we are adding a third team. Basics from cones and practice vests, to training and game equipment. We are in desperate need of a new training ball. As most of you returning families know are training balls have been decimated by the weed problem in the north end of the stadium and have lost 30 balls over the last two

years and are down to around 12 that will hold air. I am quoting out several options to purchase 50 new training balls. I will let you all know what I find out. I have also spoken with the High School about this issue and asked for them to please help get control of the problem. We may have to assemble a team of volunteers to go and tackle the problem ourselves to help preserve our training ball supply for the future.

I am attaching the Amazon Shopping list again. https://www.amazon.com/hz/wishlist/ls/3VMK62T8VU9VB?ref_=wl_share

FALL SOCCER SEASON

Tryouts are the week of August 8th. Our first games are on August 19 & 20 on the road. The full schedule should be posted shortly.

*Please make sure that everyone is registered with a current physical and DHS Athletics Registration fee of \$125 prior to tryouts.

<https://durangoschools-ar.rschoolday.com/>

I have been working with the school with the hopes of developing a third team for the program as our numbers have grown each year I have been here. We feel it is the right thing to do to help develop our young group and build for the future. In the last 4 years, so many players commit themselves all summer and show great commitment to their development and to the program so we would like to reward them and continue to build a more complete program and student-athlete experience. The only way we can successfully do this is by adding to our staff and working on training spaces as we are currently limited in both of these areas but know we are doing our best to make this a reality.

COMMUNICATION

Please request to join the team's Facebook page to keep up with changes and program information. <https://www.facebook.com/groups/184635588279330/>

We will be updating our communication email and phone list over the summer as well. I have purchased a new team platform to keep track of group communication, schedules, stats, etc. Once we have our complete list ready I will send out invites to the system and start updating it.

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